# Dr.Thomson®

FOOD SUPPLEMENTS



# Dr.Thomson

Dr.Samuel Thomson was an 18th-century herbalist and botanist known for his curiosity about the mysterious secrets of plants and his dedication to human health. For many years, he researched the astonishing effects of plants and natural resources on the human body. During all this time, he developed unique formulations with the knowledge he gained from nature, laying the foundations of alternative medicine.

Dr. Thomson's story was based on the desire to turn the unique balance of health and nature into a brand. The vision born centuries ago and the solutions that harmonized with the healing powers gifted to us by nature were designed for people to have a healthy life. The Dr. Thomson food supplement range offers unique formulations inspired by nature using natural ingredients.

Dr. Thomson's heritage merges with next-generation solutions and comes to life in the "Dr.Thomson" brand, which encourages humans to live in harmony with nature. Each product is guided by science and combined with nature's specially selected, wondrous ingredients to ensure humans live a healthy life.

#### The Dr. Thomson food supplement range offers unique formulations inspired by nature using natural ingredients.

Dr. Thomson's heritage merges with next-generation solutions and comes to life in the "Dr.Thomson" brand, which encourages humans to live in harmony with nature. Each product is guided by science and combined with nature's specially selected wondrous ingredients to ensure humans live a healthy life.







# Omega 3 Category

- Balomega
- Omega-3 50 Softgel Capsules
- Fish Oil 200 ml Liquid







### Balomega

200 ml Syrup

Dr. Thomson Balomega is a dietary supplement specifically developed for kids, contains multivitamins with Omega 3 fatty acids. Dr. Thomson Balomega has a special taste with honey and orange-lemon flavor. available in honey-orange flavor. It is free of dairy, soy allergens, high fructose corn syrup, sweeteners, and aspartame.

### **Benefits**

- Supports the development of the brain, eyes and nerves in children.
- Vitamin A promotes normal growth and development in children, supporting tissue and bone repair and good vision.
- Vitamin C aids in the development of healthy muscles, connective tissue, and skin.
- $\bullet$  Vitamin D3 works to help build bones & teeth, assisting the body in mineral absorption.
- Vitamin C, vitamin D<sub>3</sub>, and vitamin E aids in immune function.
- This blend includes vitamin B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub>, B<sub>12</sub>, and Folic acid. Vitamin B promotes nervous system health, brain development and function, and aids in red blood cell development, while also supporting a healthy metabolism, immune & digestive function, boosts energy, improves mood.

### **Directions**

As a dietary supplement for kids, (two) 2 full teaspoons daily with meals, or as directed by a healthcare practitioner.

### **Supplement facts**

Every 10ml contains Omega-3 fatty acids 245mg, Vitamin C 40mg, Vitamin B $_3$  12mg, Vitamin E 6mg, Vitamin B $_1$  1,1mg, Vitamin B $_2$  1,05mg, Vitamin B $_6$  1,05mg, Vitamin A 0,48mg, Folic acid 100 $\mu$ g, Vitamin D $_3$  400IU, Vitamin B $_1$  1,25 $\mu$ g







### Omega-3

50 Softgel Capsules

Dr. Thomson Omega-3 provides 1200mg fish oil; including 780 mg Omega-3 and 380 mg EPA and 260mg DHA in each capsule. These two Omega-3 fatty acids help support and maintain the health of the cardiovascular and neurological system. Omega-3 fatty acids are considered "good" fats important for cellular, heart and metabolic health and help maintain triglyceride levels already within a normal range.

#### **Benefits**

- Supports heart function and cardiovascular health.
- Supports normal skin function.
- Supports brain functions and neurological health.
- Helps maintain healthy skin.
- Helps maintain normal vision.
- Contributes to normal eye and brain development in fetuses and breastfed infants.
- Support healthy joints.
- Helps maintain good general and metabolic health.
- Optimizes the immune system.

### **Directions**

As a dietary supplement for adults, take one (1) – two (2) soft gel twice daily, preferably with a meal, or as directed by a healthcare practitioner.

### **Supplement facts**

Each capsule contains Total Omega-3 780 mg, EPA 380 mg, DHA 260 mg, Other Omega-3 Fatty Acids 144 mg

Dr. Thomson Omega-3 is non-GMO and third-party tested, surpassing the strictest international standards for purity and freshness.







### Fish Oil

150 ml Liquid

Dr. Thomson Fish Oil is specially formulated for kids. Each full teaspoon of Dr. Thomson Fish Oil provides 1480 mg of Omega-3s, including 740 mg EPA and 470 mg DHA, which support heart, brain, vision, and joint health. Dr. Thomson Fish Oil for kids has received numerous awards for its taste and quality and has been loved by children.





International Fish Oil Standards, 5 Stars Approved

#### **Benefits**

- Supports heart, brain, vision, and joint health.
- Supports children's focus, mood, learning, and positive behavior.
- Support cognitive health and brain function.
- Supports the development of the brain, eyes and nerves in children.

### Directions

As a dietary supplement for kids, take one (1) teaspoon daily, with food, or as directed by your healthcare practitioner or pharmacist.

Dr. Thomson Fish Oil doesn't contain vitamins A and D, so that it could be used continuously during summer season safely. For best results, please refrigerate and use within three months after opening.

### Supplement facts

Every 5 ml contains Total Omega-3 1480 mg, EPA 740 mg, DHA 470 mg

Dr. Thomson Fish Oil is non-GMO and third-party tested, surpassing the strictest international standards for purity and freshness.





# Musculoskeletal Category

- BiaFlex Plus
- BiaFlex







### BiaFlex

60 Tablets

Dr. Thomson BiaFlex is ideal for anyone seeking nutritional support for the cartilage and joints. Dr. Thomson BiaFlex contains glucosamine, chondroitin and MSM that support healthier joints and cartilage.

### **Benefits**

- · Helps bring fluid into the joints.
- Helps maintain flexibility, mobility and comfortable movement.

### Directions

As a dietary supplement for adults, take two (2) tablets daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every 2 tablets contains Glucosamine Sulfate 1500 mg, Chondorite Sulfate 1200 mg, MSM (Methylsulfonylmethane) 250 mg







### **BiaFlex Plus**

60 Tablet

Dr. Thomson BiaFlex Plus is ideal for anyone seeking extra strong nutritional support for the cartilage and joints. Dr. Thomson BiaFlex Plus contains glucosamine, chondroitin and MSM plus type II collagen. Type II collagen meets the need of cartilage by-increasing the effectiveness of the product.

#### **Benefits**

- · Helps bring fluid into the joints.
- Helps maintain flexibility, mobility and comfortable movement.

### **Directions**

As a dietary supplement for adults, take two (2) tablets daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every 2 tablets contains Glucosamine Sulfate 1500 mg, Chondorite Sulfate 600 mg, Type-II Collagen 300 mg, MSM (Methylsulfonylmethane) 250 mg, Boswellia Extract 250 mg, Vitamin C 60mg, Hyaluronic Acid 50 mg





# Herbal Supplements

- Propolis Spray
- Colkids
- Pectopan Adult
- Pectopan Kids







### **Propolis Spray**

20 ml Spray

Dr. Thomson Propolis Spray is specially formulated with natural extracts. It contains propolis extract, clove oil, licorice root extract. The famous bee substance "Propolis" is well-known because of benefits of health. Also known as "bee glue", it helps strengthen the immune system. Dr. Thomson Propolis Spray doesn't contain alcohol, paraben, sugar, It contains water-soluble propolis extract.

#### **Benefits**

- Supports immune health.
- Effective natural support for the defense of your organism.
- Supports respiratory health in a natural way.
- With its strong anti-bacterial content, it can act as barrier for protection against virus in the mouth.

### **Directions**

For adults, spray 3 times a day two (2) puff and for children 4-10 years old spray 3 times a day one (1) puff.

### **Supplement facts**

6 Puff spray contains Propolis extract 41mg, Licorice root extract 5,7 mg, Clove oil 0,08 mg







### Colkids

150 ml Liquid

Liquid Food Supplement Containing Dill (anethum graveolens) and Fennel (Foeniculum vulgare) Herbal Extract

Dr. Thomson Colkids is a food supplement specially developed for children containing Dill, Ginger, German Chamomile (Matricaria Recutita), Fennel, Lemon Balm (Melissa officinalis), Cumin and Medicinal Mint Extracts.

### **Benefits**

- Helps to relieve gas pains with spasmolytic and carminative effect.
- Helps to relieve the baby by reducing dyspepsia complaints.

### **Directions**

As a dietary supplement for kids aged 4-10 years, take one (1) teaspoon 3 times a day, with food, or as directed by your healthcare practitioner or pharmacist.

### **Supplement facts**

Every 5 ml contains Ginger Extract 15 mg, German Chamomile Extract 15 mg, Fennel Extract 12 mg, Lemon Balm Extract 12 mg, Dill Extract 9 mg, Cumin Extract 9 mg, Medicinal Mint Extract 6 mg







### Pectopan Kids

150 ml Liquid, Blackberry Flavored

Herbal Liquid Food Supplement Containing Ribwort Plantain (Plantago lanceolata) and Ginger (Zingiber officinale)

It is specially formulated for adults with extracts of Ribwort Plantain, Ginger, Basil, Licorice, Medicinal Mint, Turmeric, Grape Seed, Black Elderberry, Marsh Mallow, Thyme. Zinc; supports the immune system with Vitamin C. Contains 20.4% Honey.

#### **Benefits**

- Supports the treatment of primary diseases that cause cough.
- Supports the elimination of irritation in the respiratory tract.
- Helps to relieve symptoms such as cold, stomachache, cough, fever.

### **Directions**

As a dietary supplement for kids, take one (1) teaspoon daily, with food, or as directed by your healthcare practitioner or pharmacist.

### **Supplement facts**

Every 5 ml contains Basil Extract 150 mg, Licorice Root Extract 100 mg, Ribwort Plantain Extract 50 mg, Medical Peppermint Extract 33.3 mg, Ginger Extract 30 mg, Turmeric Extract 30 mg, Grape Seed Extract 30 mg, Black Elderberry Extract 20 mg, Marsh Mallow Extract 12,5 mg, Thyme Extract 12,5 mg, Vitamin C 30 mg, Zinc 5 mg







### Pectopan Adult

150 ml Liquid

Herbal Liquid Food Supplement Containing Ribwort Plantain (Plantago lanceolata) and Ginger (Zingiber officinale)

It is specially formulated for adults with extracts of Ribwort Plantain, Ginger, Basil, Licorice, Medicinal Mint, Turmeric, Grape Seed, Black Elderberry, Marsh Mallow, Thyme. Zinc supports the immune system with Vitamin C and Propolis.

#### **Benefits**

- Supports the treatment of primary diseases that cause cough.
- Supports the elimination of irritation in the respiratory tract.
- Helps to relieve symptoms such as cold, stomachache, cough, fever.

### **Directions**

As a dietary supplement for adults, take one (1) a teaspoon 3 times a day, with food, or as directed by your healthcare practitioner or pharmacist.

### **Supplement facts**

Every 5 ml contains Basil Extract 450 mg, Licorice Root Extract 300 mg, Pure Propolis 75 mg, Ribwort Plantain Extract 150 mg, Medical Peppermint Extract 150 mg, Vitamin C 120 mg, Ginger Extract 90 mg, Turmeric Extract 90 mg, Grape Seed Extract 90 mg, Black Elderberry Extract 60 mg, Zinc 15 mg, Marsh Mallow Extract 37.5 mg, Thyme Extract 37.5 mg, Menthol 3 mg





# Nasal Category

- Okyanosea Fresh
- Okyanosea Mini
- Naso Spray
- NasoBaby





SUPPLEMENTS



### Okyanosea Fresh

25 ml Spray

Dr. Thomson OkyanoSea Fresh is a hypertonic nasal solution. It contains sterile 2% NaCL Hypertonic Sea Water, Eucalyptus Oil, Aloe Vera and Panthenol. It doesn't contain additives and preservatives. It is used in various sinus nasal problems, nasal congestion, washing the nasal cavity and protecting the nasal cavities. With its strong refreshing effect, it facilitates easy breathing. It is a CE Certificated Medical Device

### CE CE Certificated Medical Device.

#### **Benefits**

- Protects the nasal cavity from the pathogens.
- Helps to wash the nasal cavity.
- Refreshes the nasal cavity.
- Helps for a fresh clear breath.
- Protects from the sinus and nasal health problems.

### **Directions**

For children and adults; spray each nasal cavity 2-3 times one (1) - two (2) puff daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every puff contains 2% NaCl Hypertonic Sea Water, Eucalyptus Oil, Aloe Vera and Panthenol







### Okyanosea Mini

25 ml Spray

Dr. Thomson OkyanoSea Mini contains sterile isotonic sea water. It doesn't contain additives and preservatives. It is used in various sinus nasal problems, nasal congestion, washing the nasal cavity and protecting the nasal cavities. It is a CE Certificated Medical Device.

### CE Certificated Medical Device.

#### **Benefits**

- Protects the nasal cavity.
- Helps to wash the nasal cavity.
- Protects from the sinus and nasal health problems.

### Directions

For children and adults; spray each nasal cavity 2-3 times one (1) - two (2) puff daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every puff contains isotonic sterile sea water







CE Certificated Medical Device.

#### **Benefits**

- Protects the nasal cavity.
- Helps to wash the nasal cavity.
- Protects from the sinus and nasal health problems.

### Naso Spray

100 ml Nasal Aerosol Spray

Dr. Thomson Naso Spray contains sterile isotonic sea water. It is produced with bag on valve technology. It is free of additives, preservatives, propellent gas, flammable, explosive materials. It is used in various sinus nasal problems, nasal congestion, washing the nasal cavity and protecting the nasal cavities. It is a CE Certificated Medical Device.

### Directions

For children and adults; spray each nasal cavity 2-3 times one (1) - two (2) puff daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every puff contains isotonic sterile sea water









### NasoBaby

5 ml x 20 Flacon

Dr.Thomson NasoBaby contains %0,9 NaCl (sodium chloride) in every 5ml vials. It is special used for infants and babies cleaning their nasal cavity. It is an isotonic nasal solution with its special packaging. It is free of additives, preservatives, propellent gas, flammable, explosive materials. It can be used to effectively clean baby's congested or runny nose. It is a CE Certificated Medical Device.



CE Certificated Medical Device.

#### **Benefits**

- Protects the nasal cavity.
- Helps to clean the nasal cavity.
- Protects from the sinus and nasal health problems.

### Directions

For children, babies and infants; open the vial, and drop 2-3 times to each nasal cavity daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every vial contains %0,9 NaCl





# Vitamin Mineral Category

- Bewity
- Thomistol
- Daily Multi
- Sambucus
- Vitamin C 20 Effer. Tablets
- Vitamin C 30 Tablets
- D<sub>3</sub>K<sub>2</sub>
- Vitamin D<sub>3</sub> 1000 IU
- Vitamin D<sub>3</sub> 400 IU
- FerBZinc







### Bewity

100 ml Syrup

Dr. Thomson Bewity is a special formulated with B complex vitamins for children. B complex vitamins are important for the energy metabolism therefore nutritional health.

#### **Benefits**

- Vitamin B promotes nervous system health, brain development and function
- Aids in red blood cell development, while also supporting a healthy metabolism, immune and digestive function.
- · Boosts energy, improves mood.

### Directions

As a dietary supplement for children, 2 full teaspoons daily with meals, or as directed by your health care professional or pharmacist.

### **Supplement facts**

Every 10 ml contains Calcium 100mg, Vitamin C 100mg, Zinc 5mg, Vitamin B $_3$  10mg NE, Vitamin E 2mg  $\alpha$ -TE, Vitamin B $_5$  4mg, Vitamin B $_2$  2mg, Vitamin B $_1$  2mg, Vitamin D $_3$  200IU, Vitamin A 900IU, Vitamin B $_6$  1mg







### **Thomistol**

150 ml Syrup

Dr. Thomson Thomistol has a specially formula for kids with 9 Vitamin and 2 Mineral. Dr. Thomson Thomistol has a great taste with natural orange flavor. It is free of dairy, soy allergens, fish allergens, high fructose corn syrup, artificial flavors and sweeteners, and aspartame.

### **Benefits**

- Vitamin A promotes normal growth and development in children, supporting tissue and bone repair and good vision.
- Vitamin C aids in the development of healthy muscles, connective tissue, skin and aids in immune function.
- $\bullet$  Vitamin  $D_3$  works to help build bones and teeth, assisting the body in mineral absorption.
- Vitamin E supports the immune system and maintain the skin health.
- $\bullet$  This blend includes vitamin B<sub>1</sub>, B<sub>2</sub>, B<sub>3</sub>, B<sub>5</sub>, B<sub>6</sub>. Vitamin B promotes nervous system health, brain development and function, and aids in red blood cell development, while also supporting a healthy metabolism, immune and digestive function, boosts energy, improves mood.
- Zinc supports immune function and metabolism.
- · Calcium supports bones and teeth.

#### **Directions**

As a dietary supplement for kids, (two) 2 full teaspoons daily with meals, or as directed by your health care professional or pharmacist.

### **Supplement facts**

Every 10 ml contains Calcium 100mg, Vitamin C 100mg, Zinc 5mg, Vitamin B $_3$  10mg NE, Vitamin E 2mg  $\alpha$ -TE, Vitamin B $_5$  4mg, Vitamin B $_2$  2mg, Vitamin D $_3$  2001U, Vitamin A 9001U, Vitamin B $_6$  1mg







### Daily Multi

20 Effervescent Tablets

Dr. Thomson Daily-Multi Effervescent Tablet provides support throughout the day with 13 vitamins, 9 minerals, Korean Ginseng and Coenzym-Q10. It has the advantage of easy consumption with its delicious taste and fragrance. Its solubility is fast and does not leave residue.

#### **Benefits**

- Supports overall wellbeing.
- Contains the necessary ingredients to meet your daily nutritional requirements.

### **Directions**

As a dietary supplement for adults, take one (1) tablet once or twice a day, or as directed by a healthcare practitioner.

### Supplement facts

Each effervescent tablet contains Calcium 120mg, Magnesium 80mg, Vitamin C 80mg, Iron 14mg, Korean Ginseng 40mg, Zinc 10mg, Vitamin E 12mg, Vitamin B<sub>3</sub> 16mg, Vitamin K<sub>2</sub> 25 $\mu$ g, Coenzyme Q10 10mg, Vitamin B<sub>5</sub> 6mg, Manganese 2mg, Vitamin A 800 $\mu$ g, Copper 1mg, Vitamin D<sub>3</sub> 5 $\mu$ g, Vitamin B<sub>2</sub> 1.4mg, Vitamin B<sub>6</sub> 1.4mg, Vitamin B<sub>1</sub> 1.1mg, Iodine 150 $\mu$ g, Vitamin B<sub>12</sub> 2.5 $\mu$ g, Folic Acid 200 $\mu$ g, Molybdenum 50  $\mu$ g, Selenium 50 $\mu$ g, Biotin 50 $\mu$ g







### Sambucus

#### 20 Effervescent Tablets

Dr. Thomson Sambucus Effervescent Tablet contains black elderberry, vitamin C and zinc. Its formula with Vitamin C and Zinc contributes the normal function of the immune system. It has the advantage of easy consumption with its delicious taste and fragrance. Its solubility is fast and does not leave residue.

#### **Benefits**

- Supports the immune system.
- Provides antioxidant support.
- · Has antiviral and antimicrobial properties.

### Directions

As a dietary supplement for adults, take one (1) tablet once or twice per day, or as directed by a healthcare practitioner. Drop 1 tablet in 8 oz. of water and allow to dissolve completely.

### **Supplement facts**

Each effervescent tablet contains Black Elderberry 200 mg, Vitamin C 80 mg, Zinc 10 mg







### Vitamin C

#### 20 Effervescent Tablets

Dr. Thomson Vitamin C 1000mg Effervescent Tablet has the advantage of easy consumption with its delicious taste and fragrance. Its solubility is fast and does not leave residue.

#### **Benefits**

- Supports a stronger immune system.
- Has natural antioxidant properties.
- Supports the skin health.
- Promotes the absorption of iron.

### Directions

As a dietary supplement for adults, take one (1) tablet once or twice per day, or as directed by a healthcare practitioner. Drop 1 tablet in 8 oz. of water and allow to dissolve completely.

### **Supplement facts**

Each effervescent tablet contains Vitamin C 1000 mg







### Vitamin C

30 Tablets

Dr. Thomson Vitamin C contains 1000 mg vitamin C in each tablet. Vitamin C is a water-soluble vitamin that helps fight free radicals which can cause oxidative stress. One of its primary functions is collagen formation and functioning of white blood cells, which are important for the immune system.

#### **Benefits**

- Supports a stronger immune system.
- Has natural antioxidant properties.
- Supports the skin health.
- Promotes the absorption of iron.

### **Directions**

As a dietary supplement for adults, take one (1) tablet daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Each tablet contains Vitamin C 1000 mg







### D3 K2

### 20 ml Oral Drops

Dr. Thomson  $D_3K_2$  Oral Drop contains only vitamin D, vitamin K and pure olive oil. Vitamin D and Vitamin K are a fat-soluble vitamin which has important functions in the body. As we age, our bodies struggle to produce and absorb these important nutrients. That's why vitamin D and vitamin K supplements are important to the maintenance of good health. Dr. Thomson  $D_3/K_2$  Oral Drop doesn't contain protective additives, colorant, sweetener, artificial flavoring and added sugar.

#### **Benefits**

- Helps maintain a healthy immune system and good general health.
- Helps maintain strong bones and teeth.
- Helps maintain optimal nerve and muscle function.
- Easy to consume and absorb—straight from the dropper or mixed with your favorite beverage.

### Directions

As a dietary supplement for adults, take one (1) drop daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every drop contains Vitamin D<sub>3</sub> 25  $\mu$ g (1000 IU), Vitamin K<sub>2</sub> 11,25  $\mu$ g







### Vitamin D3 1000 IU

20 ml Spray, 130 Dose

Dr. Thomson Vitamin D3 1000 IU contains only vitamin D3 and pure olive oil. It contains 1000 IU of vitamin D3 in each drop/puff. Vitamin D is a fat-soluble vitamin that has important functions in the body. As we age, our bodies struggle to produce and absorb this important nutrient. That's why vitamin D supplements are important to the maintenance of good health. Dr. Thomson Vitamin D3 doesn't contain protective additives, colorant, sweetener, artificial flavoring and added sugar. This "sunshine vitamin" supplement is vital to your healthy diet, which may lack vitamin D.

#### **Benefits**

- Helps maintain a healthy immune system and good general health.
- Helps maintain strong bones and teeth.
- Helps maintain optimal nerve and muscle function.
- Easy to consume and absorb—straight from the dropper/spray head or mixed with your favorite beverage.

### Directions

As a dietary supplement for adults, take (1) oral spray or three (3) drops daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every puff contains Vitamin D<sub>3</sub> 25  $\mu g$  (1000 IU)







### Vitamin D3 400 IU

20 ml Spray, 130 Dose

Dr. Thomson Vitamin D3 400 IU contains only vitamin D3 and pure olive oil. It contains 400 IU of vitamin D3 in each drop/puff. Vitamin D is a fat-soluble vitamin that has important functions in the body. As we age, our bodies struggle to produce and absorb this important nutrient. That's why vitamin D supplements are important to the maintenance of good health. Dr. Thomson Vitamin D3 doesn't contain protective additives, colorant, sweetener, artificial flavoring and added sugar. This "sunshine vitamin" supplement is vital to your healthy diet, which may lack vitamin D.

#### **Benefits**

- Helps maintain a healthy immune system and good general health.
- Helps maintain strong bones and teeth.
- Helps maintain optimal nerve and muscle function.
- Easy to consume and absorb—straight from the dropper/spray head or mixed with your favorite beverage.

### Directions

As a dietary supplement, take (1) oral spray or 3 drops daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every puff contains Vitamin D<sub>3</sub> 10  $\mu g$  (400 IU)







### **FerBZinc**

150 ml Syrup, Blackberry Flavored

Dr. Thomson FerBZinc is a liquid food supplement specially developed for kids containing iron, vitamin  $B_{12}$ , zinc and vitamin C. It has a delicious blackberry taste. Does not contain sweeteners.

### **Benefits**

- Promotes energy utilization.
- Improves iron levels.
- Helps the formation of new red blood cells and transport oxygen throughout your body.

### **Directions**

As a food supplement for kids aged 4-10, take 5 ml daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every 5 ml contains Vitamin C 25 mg, Iron (Lipofer) 8.5 mg, Zinc 4.25 mg, Vitamin  $B_{12}$  500  $\mu q$ 





# Special Supplements

Lympack





### Dr. Thomson Lympack

30 Tablets

Dr. Thomson Lympack is a food supplement developed for adults containing Omega 3, Coenzyme Q10, Vitamin B<sub>12</sub>, Magnesium, Black Garlic and Herbal Extracts.

#### **Benefits**

• Helps reducing the impact of Lyme disease.

### Directions

As a food supplement for people 11 years and older, take one (1) tablet daily, or as directed by a healthcare practitioner.

### **Supplement facts**

Every tablet contain Vitamin B<sub>12</sub> (Methylcobalamin) 1000  $\mu$ g, Magnesium 100 mg, Vitamin K<sub>2</sub> 25  $\mu$ g, Vitamin D<sub>3</sub> 25  $\mu$ g, Black Garlic Extract 750 mg, Cat's Claw Extract 100 mg, Japanese Knotweed Extract 100 mg, Hoary Rock-Rose Extract 50 mg, Turmeric Extract 50 mg, Ginger Extract 50 mg, Total Omega 3 640 mg, EPA 324 mg, DHA 234 mg, Coenzyme Q10 (Ubiquinol) 100 mg, Other Omega 3 Fatty Acids 82 mg



## Dr.Thomson®

#### FOODSUPPLEMENTS



#### **Alyors Holding**

t +90 212 447 47 37 Esentepe Mah. Büyükdere Cad. No:171 Metrocity İş Merkezi A Blok Kat:1 Şişli/İstanbul

#### **Manufacturing Plant**

t +90 212 447 43 32 Akçaburgaz, 153. Sk. No:27 A 34522 Esenyurt/İstanbul